

*Dreams:*  
*Imagination as Evidence of the Divine*

**Introduction:**

Carl Jung developed many of his seminal ideas of the psyche while at his home in Bollingen- a stone castle-like retreat that he had built on the shores of Lake Zurich in Switzerland without any modern convenience and some distance from any metropolitan area. He lived at Bollingen for weeks at a time in silence with very few visitors or interruptions to his contemplation, inner work and writing.

This contemplative retreat seeks to foster a similar experience of solitude and inner quiet. Through utilization of didactic and experiential exercises, the retreatant is invited to come to know Psyche in a manner not otherwise possible within the traditional classroom setting and certainly very different from a static book. In particular, this retreat weekend will focus on the nature of dreams and imagination emphasizing how the use of silence and contemplation in dream work might serve to enhance one's inner growth and spiritual development. The group will meet as a whole at various intervals throughout the day/evening to discuss the scheduled topics as well as one's experiences as a retreatant. Aside from our time in large group discussion, each retreatant is expected to maintain silence throughout the duration of the retreat.

**Particulars:**

The retreat will take place at GilChrist Retreat Center in Three Rivers Michigan. GilChrist is situated on 67 acres of wooded land and rolling prairie. There is a small stone chapel equipped with a fireplace onsite as well as a very large walking labyrinth cut into a grove of wild flowers. One will also find seven faith gardens honoring various faith traditions of the world uniquely carved into the landscape. Our discussions will take place in Windhill in a beautifully large great room equipped with a hearth, a loft room for meditation, a library, and other rooms for quiet contemplation and solitude.

The retreat will run from 2:00pm Friday October 15, 2010 through noon Sunday October 17, 2010. Each retreatant will stay in their own hermitage equipped with a family room, large kitchen (stove, refrigerator, pots/pans and all dishes), full bathroom, and single bedroom. Each hermitage has a small walkout porch and is situated in a wooded grove to maintain the retreatants' privacy and serenity. Finally, most hermitages are equipped with central air and heat.

One's breakfast and lunch will be of their own choosing in their own hermitage. We will observe one communal meal on Saturday evening that will be prepared and served for us in Windhill. The cost for the weekend is \$220.00, which includes your hermitage, full use of all GilChrist facilities, the evening communal meal as well as participation in all lectures and group experiences. There is limited space so a reservation and deposit of \$100.00 is necessary to secure your spot. Additional retreats will be scheduled on a thrice-yearly basis.

**Facilitator:**

Dr. Warren Sibilla is a Jungian Psychoanalyst, Clinical Psychologist and Director of The Center for Jungian Studies in South Bend, IN where he maintains a private practice in Jungian analysis and clinical psychology. Please feel welcome to contact Dr. Sibilla for any additional questions or clarifications you may have.