



C G JUNG INSTITUTE
OF CHICAGO

PSYCHOPATHOLOGY AND PERSONALITY TYPE

with

Ron Johnson, M.Div., Ph.D., & Boris Matthews, Ph.D.

Friday, April 23rd, 2010 9:00 am to 3:30 pm



Jung's ideas on psychological type grew out of observing the differences among people and his attempt to find objective criteria for describing those differences. Primary in his thinking was the perception that individuals are energized internally or externally, and he used the terms introvert or extravert to describe these attitudes. This seminar will advance the study of psychological type by exploring the interface among innate personality type, early attachment, and psychopathology. Lack of healthy attachment because of unrecognized type differences in parent and child is proposed as a significant factor in borderline personality disorder and other disorders of personality, mood, and behavior.

In this seminar, Matthews and Johnson argue that affirming the client in her or his innate psychological type preference is the first step toward repairing the attachment deficit while gradually working on more appropriate utilization of the introverted and extraverted attitudes and the various functions. Over the course of therapy this approach can lead to greater self-acceptance and more realistic adaptation to the environment.

Learning Objectives:

- Review Jung's theory of personality type, especially introversion and extraversion
- Gain a basic understanding of attachment theory
- Gain an understanding of psychopathology arising from attachment difficulties
- Review considerations for the interface of psychopathology and personality type

LOCATION

**Loyola University Lake Shore Campus, Granada Center-West Conference Room 291
1032 W. Sheridan Road, Chicago IL**

DISCUSSION FEE

\$100 – 5 CE credits

\$50 Student Rate

For all registrations visit www.jungchicago.org

Ron Johnson, M.Div., Ph.D., holds graduate degrees in Theology and Counseling Psychology. He practices in Madison, WI., concentrating on work with children and men. He approaches psychology and psychotherapy from the standpoint of first focusing what is "right" about people: fully understanding the "gifts" that an individual has before engaging in psychotherapy. These gifts usually are seen in the person's personality and intelligence, but can also be physical, spiritual, relational, and the ability to work and play. If one understands, accepts, and utilizes one's gifts, such a person is then able to tackle areas of one's life that are troublesome, limited, or even flawed. No one can profitably look at limitations and problems before feeling safe in understanding his or her strengths. Psychotherapy should begin with such a positive and "friendly" self-understanding. Psychological testing is essential to formulate such a friendly diagnosis.

Boris Matthews, Ph.D., graduated from the **C.G. Jung Institute of Chicago**, and maintains a practice of analytical psychology in the Milwaukee and Madison, WI, areas. He is particularly interested in working with persons who recognize need to develop a balanced adaptation to the "outside" and to the "inside" worlds, work that involves awareness of the individual's psychological typology. Dreams, active imagination, and spiritual concerns are integral elements in the analytic work, the ultimate goal of which is to develop a functioning dialog with the non-ego center, the Self. He serves on the faculty and various committees of the Institute, regularly teaches classes for analytic candidates, and conducts study groups in Madison as well as by video conference

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