



C G JUNG INSTITUTE  
OF CHICAGO

# Psychological Type In Clinical Practice: Understanding Yourself, Understanding Your Client

with

**Ron Johnson, M.Div., Ph.D., & Boris Matthews, Ph.D.**

**Friday, May 1<sup>st</sup>, 2009 10:00 am to 4:00 pm**

When we know our typological preferences, we are in a better position to understand our clients. Many transference and counter-transference phenomena can be better explained in terms of psychological type than in terms of psychopathology, complex discharge, or personal history.

This workshop includes lecture, as well as small group discussions and processing.



## Learning Objectives:

- Review C.G. Jung's ground-breaking work on psychological type
- Gain a basic understanding of Introversion and Extraversion
- Gain a basic understanding of the perceiving and the judging attitudes
- Gain a basic understanding of the four functions (sensing, thinking, intuition, feeling)
- Learn to recognize typological bias in ourselves and in our clients
- Explore transference and counter-transference vignettes in terms of psychological type
- Learn ways to relate to clients with different psychological types

## LOCATION

**Loyola University Water Tower Campus, 25 E. Pearson, Chicago IL**

## DISCUSSION FEE

**\$100 – 5 CE credits**

**\$40 for students**

**For all registrations visit [www.jungchicago.org](http://www.jungchicago.org)**

**Ron Johnson, M.Div., Ph.D.**, holds graduate degrees in Theology and Counseling Psychology. He practices in Madison, WI., concentrating on work with children and men. He approaches psychology and psychotherapy from the standpoint of first focusing what is "right" about people: fully understanding the "gifts" that an individual has before engaging in psychotherapy. These gifts usually are seen in the person's personality and intelligence, but can also be physical, spiritual, relational, and the ability to work and play. If one understands, accepts, and utilizes one's gifts, such a person is then able to tackle areas of one's life that are troublesome, limited, or even flawed. No one can profitably look at limitations and problems before feeling safe in understanding his or her strengths. Psychotherapy should begin with such a positive and "friendly" self-understanding. Psychological testing is essential to formulate such a friendly diagnosis.

**Boris Matthews, Ph.D.**, graduated from the C.G. Jung Institute <<http://www.jungchicago.org/>> of Chicago, and maintains a practice of analytical psychology in the Milwaukee and Madison, WI, areas. He is particularly interested in working with persons who recognize need to develop a balanced adaptation to the "outside" and to the "inside" worlds, work that involves awareness of the individual's psychological typology. Dreams, active imagination, and spiritual concerns are integral elements in the analytic work, the ultimate goal of which is to develop a functioning dialog with the non-ego center, the Self. He serves on the faculty and various committees of the Institute, regularly teaches classes for analytic candidates, and conducts study groups in Madison as well as by video conference

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