



C G JUNG INSTITUTE
OF CHICAGO

SYMBOL FORMATION AND INDIVIDUATION

Monday, June 18th through Friday, June 22th 2012

10:00 am to 4:00 pm



Participants in this week-long series of seminars will make use of both didactic and experiential means to engage the process of symbol formation. Symbols have been defined by Jung as “the best possible description of a relatively unknown fact which is nonetheless known to exist.” Symbols can emerge through the creation of a dialogue that bridge between the conscious and the unconscious other. Engaging the process of symbol formation can enliven one’s life and can enrich the process of individuation.

Participants will learn both the theoretical underpinnings of and experiential approaches to symbol formation through the use of a variety of mediums including journal writing, image making, sandplay, intuitive painting or movement. Participants will concentrate on a particular modality each day in order to deepen their personal and professional experience in working with the process of symbol formation.

LOCATION

The CG Jung Institute of Chicago, 53 W. Jackson, Suite 438, Chicago IL

INTENSIVE FEE

Week	\$450	25 CE credits	\$200	Student Rate
Single Day	\$100	5 CE credits	\$50	Student Rate

For all registrations visit www.jungchicago.org

Learning Objectives:

- To learn how to engage the process of symbol formation to further the individuation process
- To increase one’s theoretical understanding of Jung’s model of the psyche as the basis for symbol formation
- To learn the Point Zero intuitive painting process as a method for accessing and dialoguing with unconscious content
- To experience the process of symbol formation in accessing and dialoguing with unconscious content
- To understand and deepen our relationship to the numinous through engaging the symbolic process

*This Summer Intensive is co-sponsored by
Loyola University and CG Jung Institute of Chicago*



The C. G. Jung Institute of Chicago is approved by the American Psychological Association to sponsor continuing education for psychologists and by the Illinois Department of Professional Regulation to provide continuing education (CE) credit for social workers, professional counselors and marriage and family therapists. The Institute maintains responsibility for this program and its contents.

Monday, June 18th | Location: 53 W. Jackson, Suite 438

Symbol Formation: Giving Voice and Finding Form | Mary Dougherty

Participants in this seminar will make use of journal writing and image-making processes to access and to dialogue with split off memories and unconscious feeling states. Through giving voice and finding form to unconscious contents, participants can begin to consciously engage both the destructive impulses as well as the psychic potentials in the process of symbol formation.

Tuesday, June 19th | Location: 53 W. Jackson, Suite 438

Psychic Energy and Symbol Formation: Working with Images | August J. Cwik

Jung's notion of symbol formation flows out of his understanding of the nature of psychic energy. For Jung a symbol is a "psychological mechanism that transforms energy." In this workshop we will look at the theoretical underpinnings of symbol formation from a distinctively Jungian perspective. We will look at the fundamentals of working with images through a "geography of image" as representative of the different structures of the psyche.

Wednesday, June 20th | Location: 53 W. Jackson, Suite 438

Point Zero Painting and Symbol Formation | Amy Champeau

In this experiential workshop, participants will be introduced to the Point Zero creativity process as an approach to symbol formation by accessing unconscious material and relating to the hidden "other" in our selves. Through the medium of paint, participants will engage with spontaneous images and unconscious feeling states as they emerge in each moment and to learn to utilize this awareness to enhance their individuation process. No previous painting or art experience is necessary.

Thursday, June 21st | Location: 53 W. Jackson, Suite 438

The Paradox of Sandplay: A non-verbal medium to help find one's voice | Caryl Pripusich

Join us in this workshop and make sandtrays! Through the processes of discernment and reflection, we will begin to deepen our foundation of working symbolically with unconscious contents. We will also examine the Sandplay process with children.

Friday, June 22nd | Location: 53 W. Jackson, Suite 438

The symbol of initiation in sandplay | Elaine Molchanov

Our aim today will be to glimpse the symbol of initiation through making a mandala in the sandtray. By entering into the symbol of the mandala with our hands and hearts we will allow ourselves to perform a story of connection with and surrender to that Other who guides us towards individuation. The ultimate aim of expressive work is the process of becoming ourselves that Jung called individuation. Sharing our stories in the group will allow the symbol to become more tangible and more alive, binding together the experiences of the week and becoming part of this last circle of wholeness.

Instructors



Amy Sprague Champeau, LMFT, is a psychotherapist in private practice in Racine, WI. She is a candidate in the Analyst Training Program at the C. G. Jung Institute of Chicago and is a master level practitioner and teacher of the Point Zero Intuitive Painting Process.



August J. Cwik, Psy.D., is a clinical psychologist, hypnotherapist, and Jungian analyst in private practice in Chicago and Park Ridge. He is a member of the Chicago Society of Jungian Analysts and the Interregional Society of Jungian Analysts, and is a faculty member at the Chicago Institute and the Florida and Minnesota Interregional Seminars. Dr. Cwik serves as an Assistant Editor for the Journal of Analytical Psychology and has published articles on the structure of analysis, alchemy, supervision, dreams, active imagination, and numerous reviews.



Mary Dougherty, MFA, ATR, NCPsyA, is a Jungian psychoanalyst and art psychotherapist in private practice in Chicago. She is the current President of the C.G. Jung Institute of Chicago and former Director of Training. She lectures on the clinical uses of film as active imagination, and the impact of Jung's thought on creative development and artistic production.



Elaine Molchanov, LCSW, ACSW, Diplomate in Clinical Social Work is a Jungian psychoanalyst in both Anchorage, Alaska and Chicago and a member of the C.G. Jung Institute of Chicago. She has studied and practiced Siddha yoga for the last 35 years and is currently engaged in writing a book about her own journey encompassing both the west and the east traditions, the paths of Jungian psychology and yoga.



Caryl Pripusich, LCSW specializes in the use of Sandplay with children and teens. Currently she uses Sandplay with hospice patients and facilitates Self Care Retreats for Hospice Workers where Sandplay is a major aspect of the retreat. Caryl emphasizes a deepening awareness practice (DAP) which focuses on breath and Presence while working with the dying. Caryl's private practice includes teaching Sandplay and supervising clinicians who work with at risk children and teens. She sees adults individually and in groups who are dealing with anxiety and depression.