



C G JUNG INSTITUTE  
OF CHICAGO

# Imaging the Unseen: Using Expressive Modalities in Verbal Therapy

**Monday, June 22<sup>nd</sup> through Friday, June 26<sup>th</sup> 2009**  
**10:00 am to 4:00 pm**



During a period of intense change in his life, Jung engaged his inner fantasies and dream images through painting, writing and forms of play. Engaging his inner life through these creative modalities laid the groundwork for what he would later call *active imagination*. Active Imagination is an innovative process in which the individual intentionally engages images, figures, and emotions in order to establish a dialogue with unconscious contents. While there are many forms of imagination, active imagination involves a particular process with specific steps or stages.

In this week-long seminar, participants will explore image making, body movement and sandplay as ways to practice the process of active imagination and to develop comfort with utilizing expressive modalities. By engaging in active imagination, participants will experience the purposeful revelation of contents from the unconscious that can promote their own psychological growth as well as enhance their capacity to engage unconscious content in their work with others.

### LOCATION

The CG Jung Institute of Chicago, 203 N. Wabash, Suite 1618, Chicago IL

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The Dance Center of Columbia College, 624 S. Michigan Avenue, Room 1105, Chicago IL

### INTENSIVE FEE

Week	\$450	25 CE credits	\$200	Student Rate
Single Day	\$100	5 CE credits	\$40	Student Rate

For all registrations visit [www.jungchicago.org](http://www.jungchicago.org)

### **Learning Objectives:**

- To introduce Jung's theory of active imagination through the use of Sandplay, paint and movement.
- To understand what Sandplay Therapy is, how it works, and its relationship to other forms of expressive psychotherapies
- To introduce the Point Zero intuitive painting process as a method to access and dialogue with unconscious content
- To gain an experiential understanding of the theory and practice of Authentic Movement as it relates to transference and countertransference dynamics in the therapeutic container.

**A list of required and suggested readings will be emailed to you upon registration.**

*This Summer Intensive is co-sponsored by  
Loyola University and Columbia College*

**Columbia**   
COLLEGE CHICAGO



The C. G. Jung Institute of Chicago is approved by the American Psychological Association to sponsor continuing education for psychologists and by the Illinois Department of Professional Regulation to provide continuing education (CE) credit for social workers, professional counselors and marriage and family therapists. The Institute maintains responsibility for this program and its contents.

203 N. Wabash, Suite 1618, Chicago, IL 60601

Ph: 312.701.0400 Fax: 312.701.0403

**Monday June 22<sup>nd</sup> and Tuesday June 23<sup>rd</sup> | 203 N. Wabash, Suite 1618**

**Sandplay: Creating Worlds on the Borderlands of the Psyche | Elaine Molchanov**

This workshop will look at the history and cultural contexts of sandplay—modern and ancient. The course will bring Sandplay alive through slides and films of actual sandplay processes. Participants will also have the direct experience of making and witnessing sandtrays – experiencing both sides of the process in the role of the client as well as in the role of the therapist. As therapist we accompany the journey, honor its unfolding and aid in the grounding and the containing of the unconscious content that is revealed.

**Wednesday, June 24<sup>th</sup> | 624 S. Michigan Avenue, Room 1105**

**Activating the Unconscious | Kate Fiello & Amy Sprague Champeau**

In this workshop, participants will investigate Jung's concepts of active imagination through the expressive modalities of Authentic Movement and Point Zero Painting. These imaginal processes will allow participants to increase their ability to access and dialogue with unconscious material through the use of two different modes of creative experiencing. Participants will also develop skills that will help them become more attuned to working with the unconscious content in their clinical work with others.

**Thursday, June 25<sup>th</sup> | 624 S. Michigan Avenue, Room 1105**

**Active Imagination and Intuitive Painting | Amy Sprague Champeau**

In this workshop, participants will be introduced to the Point Zero painting process which utilizes Jung's four steps of active imagination and which provides a means for activating and dialoguing with their own unconscious material. Participants will learn the specific process of active imagination which separates it from other forms of imaginal activity. No previous art-making experience or ability is necessary.

**Friday, June 26<sup>th</sup> | 624 S. Michigan Avenue, Room 1105**

**Authentic Movement and Active Imagination | Kate Fiello**

In this one day workshop participants will experience the practice of Authentic Movement which involves inner directed movement and witnessing in a group format. The focus will be on embodied experience, the development of witness language skills and exploring the somatic aspects of the transference – counter transference relationship.

**Instructors**



**Amy Sprague Champeau, LMFT**, is a psychotherapist in private practice in Racine, WI. She is a candidate in the Analyst Training Program at the C. G. Jung Institute of Chicago and is a master level practitioner and teacher of the Point Zero Intuitive Painting Process.



**Kate Fiello L.C.S.W.** is currently a candidate in the Analyst Training Program at the C.G. Jung Institute of Chicago and maintains a private practice in Chicago. She has been practicing and teaching Authentic Movement for 20 years.



**Elaine Molchanov, ACSW**, is Board-Certified in Clinical Social Work (Diplomate), a Jungian analyst in private practice in Anchorage, Alaska (and soon to be Chicago), and a member of the North Pacific Institute of Analytical Psychology (Seattle). She is currently writing a book about her own journey on both the Indian and Jungian paths.

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