



C G JUNG INSTITUTE
OF CHICAGO

SANDPLAY AND THE EXPRESSIVE ARTS THERAPIES: A RELATIONAL APPROACH

Monday, June 14th through Friday, June 18th 2010
10:00 am to 4:00 pm



In this week-long seminar, participants will explore image making, body movement and sandplay with a focus on the intersubjective nature of the therapeutic relationship. Therapists trained in sandplay and other expressive arts modalities will bring awareness to their own subjective (counter transference) experience as a part of the therapeutic encounter. This approach makes use of Jung's fundamental insights in the Psychology of the Transference that considers unconscious reactions emerging within the therapeutic encounter as arising from the unconscious of both the therapist as well as the client.

Relational sandplay therapy values and makes use of a full range of emotions that may emerge in the therapeutic relationship. These emotions can include negative emotions such as feeling distant, confused or blank as well as positive emotions of feelings of connection, interest and joy. As we expand our capacity as therapists to contain and metabolize all of these emotions, we can present them back to our clients in a more digestible form.

LOCATION

The CG Jung Institute of Chicago, 203 N. Wabash, Suite 1618, Chicago IL
Columbia College, 624 S. Michigan Avenue, Chicago IL

INTENSIVE FEE

Week | \$450 | 25 CE credits \$200 | Student Rate
Single Day | \$100 | 5 CE credits \$40 | Student Rate

For all registrations visit www.jungchicago.org

Learning Objectives:

- To increase one's knowledge base in the therapeutic use of sandtray as an expressive art modality.
- To identify stages of sandtrays made by patients affected by preverbal trauma as identified by L. Cunningham
- To learn the Point Zero intuitive painting process as a method for accessing and dialoguing with unconscious content
- To understand and deepen our relationship to the numinous in sandplay
- To increase one's capacity to experience and articulate somatic transference and countertransference
- To experience a felt-sense of the intersubjective realm between mover/witness, therapist/client

*This Summer Intensive is co-sponsored by
Loyola University and Columbia College*

Columbia 
COLLEGE CHICAGO



The C. G. Jung Institute of Chicago is approved by the American Psychological Association to sponsor continuing education for psychologists and by the Illinois Department of Professional Regulation to provide continuing education (CE) credit for social workers, professional counselors and marriage and family therapists. The Institute maintains responsibility for this program and its contents.

Monday, June 14th | Location: TBA

***Authentic Movement as Relational Practice* | Kate Fiello**

In this workshop, participants will investigate Jung's concepts of active imagination through the expressive modalities of Authentic Movement and Point Zero Painting. These imaginal processes will allow participants to increase their ability to access and dialogue with unconscious material through the use of two different modes of creative experiencing. Participants will also develop skills that will help them become more attuned to working with the unconscious content in their clinical work with others.

Tuesday, June 15th | Location: TBA

***Painting as Active Imagination* | Amy Champeau**

In this workshop, participants will be introduced the Point Zero painting process that utilizes Jung's four steps of active imagination. This process provides a means for activating and dialoguing with their own unconscious material. Participants will learn to pay close attention to this material as it arises in each moment, to attune them selves to their own counter transference, and to utilize this awareness to deepen the therapeutic relationship. No previous art-making experience or ability is necessary.

Wednesday, June 16th | Location: 203 N. Wabash, Suite 1618

***Experience Sandplay for Yourself* | Caryl Pripusich**

This is a hands on introductory sessions for clinicians who use sandplay but haven't had the chance to "play" themselves. Some focus on the history of Sandplay with an emphasis on Dora Kalff and Margaret Lowenfeld will be shared. Throughout the day clinicians will make trays and "bear witness" to one another's process. Jung's approach to the unconscious will be practiced throughout the day.

Thursday, June 17th | Location: 203 N. Wabash, Suite 1618

***Deepening your Sandplay Process* | Caryl Pripusich**

Today's work is for clinicians who are familiar with sandplay's use and to help the clinician who works with at risk kids. The participants will make "countertransference" trays, a technique which helps one connect to a deeper understanding of work with a particular client. Come to today's session with case material that presses your buttons. By using Linda Cunningham's contribution of naming stages of pre-verbal experiences of our traumatized children, you will feel more confident in using the modality of Sandplay.

Friday, June 18th | Location: 203 N. Wabash, Suite 1618

***Relational Sandplay and the Numinous* | Elaine Molchanov**

Responding to the God experience in the client is one of the most important moments in sandplay, or indeed any form of psychotherapy. The therapist must respect the absolute value of the experience but not fall into inflation or envy. What is most essential is that the therapist has personal knowledge of such states of being and responds to the client out of them. Participants will attend to their own sandtray images from this perspective.

Instructors



Amy Sprague Champeau, LMFT, is a psychotherapist in private practice in Racine, WI. She is a candidate in the Analyst Training Program at the C. G. Jung Institute of Chicago and is a master level practitioner and teacher of the Point Zero Intuitive Painting Process.



Kate Fiello L.C.S.W. is currently a candidate in the Analyst Training Program at the C.G. Jung Institute of Chicago and maintains a private practice in Chicago. She has been practicing and teaching Authentic Movement for 20 years.



Elaine Molchanov, ACSW, is Board-Certified in Clinical Social Work (Diplomate), a Jungian analyst in private practice in Anchorage, Alaska (and soon to be Chicago), and a member of the North Pacific Institute of Analytical Psychology (Seattle). She is currently writing a book about her own journey on both the Indian and Jungian paths.



Caryl Pripusich, LCSW, is a Jungian analyst practicing in New Mexico, providing sandtray consultation services to children, teens, and adults in schools and in hospice. Currently she makes presentations and supervises clinicians on using sandtray with traumatized children and teens. Her next project will focus on the mother-daughter relationship and animus development.