



C G JUNG INSTITUTE
OF CHICAGO

A Short Course on Dreams

An Online Course Facilitated By
Rose F. Holt, M.A., and Boris L. Matthews, Ph.D.

January 22nd, 2009 through March 05th, 2009

Dreams have been important sources of information for individuals and groups in all times and all ages. Though often misunderstood, even dismissed, dreams have powerful and lasting effects on individuals. In this short course we will explore (1) the function of dreams, (2) ways of working with dreams, (3) some universal and helpful dream symbols, and (4) the value of dreams for furthering individual development.



On-line Discussion Forum:

Course participants will have access to a website where an ongoing forum will be available for discussions and additional course resources may be posted from time to time.

Seminar Web Events:

A part of the course will be four (4) web-hosted seminars for real-time interaction between presenters and participants. Seminar participants will need a high-speed internet connection (DSL or cable), a webcam (to participate in the on-line discussions by video), and long distance phone service (for the audio portion of the on-line discussions). Detailed information for seminar participant will be provided to participants when they register.

Seminar Time and Dates:

Thursdays, 7:30 pm – 9:00 pm CDT
January 22; February 05, 19; March 05, 2009

Learning Objectives:

- To understand the value of dreams
- To develop strategies for approaching the dream
- To develop an understanding of dream symbolism
- To see how dreams can facilitate individual development

Required Readings: C.G. Jung, *Memories, Dreams, Reflections.*; C.G. Jung, *Man and His Symbols*, Chapter 1

In these two texts, Jung gives us his most mature exposition of his understanding of dreams – their symbolism and their meaning.

COURSE FEE

\$155 - No CE*

\$175 - 8 CE*

*Price includes access to the website, the web seminar and telephone hook up for the seminar.
- Class size is limited -

For all registrations visit www.jungchicago.org

Presenters:

Rose F. Holt, M.A., practices Jungian psychoanalysis in St. Louis, MO. www.roseholt.blogspot.com

Boris L. Matthews, Ph.D., practices Jungian psychoanalysis in Madison, WI. www.borismatthews.com

The C. G. Jung Institute of Chicago is approved by the American Psychological Association to sponsor continuing education for psychologists and by the Illinois Department of Professional Regulation to provide continuing education (CE) credit for social workers, professional counselors and marriage and family therapists. The Institute maintains responsibility for this program and its contents.