



C G JUNG INSTITUTE
OF CHICAGO

RED BOOK SEMINAR: READING THE IMAGES IN JUNG'S RED BOOK

with

Mary Dougherty, ATR, NCPsyA & Barbara Friedman, PhD

Friday, November 19, 2010 1:00 pm to 4:00 pm



Through Jung's process of making his visual images, the realm of energy organizing fields, which he later called archetypes, took phenomenal form. For Jung, these images became the mediators between the archetypal and the material worlds.

In the Red Book, Jung describes how he discovered the necessity of giving form to these energies in order to separate from them as well as to interact with them. Thus the ego or will becomes a player and the individual no longer falls victim to the control of these powerful forces. The process of giving our moods visual form brings them here where we can grapple with them, making the struggle conscious and allowing choice to become possible.

In this seminar, participants will explore the method and purpose of Jung's image making process as a way to deepen their own understanding of his use of image in the formation of his psychological theory and the individuation process.

LOCATION

Loyola University Water Tower Campus, 25 E. Pearson, Chicago IL

DISCUSSION FEE

\$60 – 3 CE credits

\$30 for students

For all registrations visit www.jungchicago.org

Learning Objectives:

- To gain an understanding of how an image can function to mediate archetypal energies
- To gain a greater understanding of the archetypal dimension of individuation
- To learn ways to incorporate archetypal understandings into clinical practice



Mary Dougherty, MFA, ATR, NCPsyA, is a Jungian psychoanalyst and art psychotherapist in private practice in Chicago. She is the current President of the C.G. Jung Institute of Chicago and former Director of Training. She is a contributing editor to the Journal of Jungian Theory and Practice and the Journal of Analytical Psychology and has numerous articles published on analytical psychology. She lectures on the clinical uses of film as active imagination, and the impact of Jung's thought upon creative development and artistic production.



Barbara Friedman, Ph.D. is a Jungian analyst and a licensed psychologist as well as a certified addictions counselor and a certified Yoga Instructor. She has devoted many years to the study of spiritual wisdom traditions. She is the author of "Partners in Healing: Redistributing the power in the Counselor Client Relationship" and has published many articles on Analytical Psychology. She is a founding member of the C. G. Jung Educational Center of Cleveland, and has a private practice in Chicago, Illinois and Cleveland Heights, Ohio.

The C. G. Jung Institute of Chicago is approved by the American Psychological Association to sponsor continuing education for psychologists and by the Illinois Department of Professional Regulation to provide continuing education (CE) credit for social workers, professional counselors and marriage and family therapists. The Institute maintains responsibility for this program and its contents.