



C G JUNG INSTITUTE
OF CHICAGO

CONSULTATION ON ATTACHMENT DYNAMICS

with
Catharine Jones, M.Div., M.A., & Arlo Compaan, Ph.D.
Mondays, September 13 - November 15, 2010
9:00 am to 11:00 am



Attachment issues are critical factors in most psychotherapy. Recent research and conceptualization by Fonagy, *et al.*, within a framework of psychoanalytic theories has developed the concept of a “reflective function” or “mentalization.” Their work has developed out of the research of Bowlby and Mains. In this 10 week consultation group, the clinical work presented by the participants will be discussed from the perspective of attachment issues with the aim of developing the reflective function in the therapist and the client. The consultation group will meet for two hours weekly for 10 weeks in the fall, with a second series scheduled for the winter/spring. Each participant will be asked to present one case which will be followed over the course of the 10 weeks.

LOCATION

C.G. Jung Institute of Chicago, 203 N. Wabash Suite 1618, Chicago, IL 60601

DISCUSSION FEE

\$650 (\$32.50 per hour) – 20 CE credits (\$15 additional fee)

For more information and an interview contact:

Catharine Jones: 312-943-2155 x 4 -or- Arlo Compaan: 815-469-8876

For all registrations visit www.jungchicago.org

Learning Objectives:

- Learn to identify the major types of attachment disorders: de-activating, hyper-activating, disorganized.
- Learn the concept of the reflective function in relationship to the transcendent function.
- Learn what promotes the development of the reflective function in clients.
- Learn specific ways to work with clients so they develop an “earned secure attachment.”
- Learn one’s own attachment style and how to work with it with specific clients..

Required Reading (One of the Following):

- Wallin, David J. *Attachment in Psychotherapy*. (New York: Guilford Press, 2007.)
- Holmes, Jeremy. *Exploring in Security*. (New York: Routledge, 2010.)



Catharine Jones, M.Div., M.S.W., is a licensed clinical social worker and a Training Jungian Psychoanalyst. She has specialized in the treatment of trauma related conditions. Her interest is in attachment dynamics as they relate to the difficulties people experience following traumatic events. She provides individual and group consultation. Ms. Jones has presented at national and international conferences. She has served as Training Director and President of the C.G. Jung Institute of Chicago.



Arlo Compaan, Ph.D., is a licensed psychologist and a Training Jungian Psychoanalyst. He specializes in the work with affect management, in particular the management of shame feelings. Recent research and theory revisions regarding attachment have further developed his work with affect management. Mr. Compaan consults individually and with groups. He has presented at international and national conferences and conducted workshops on shame and supervision. He has served as Co-director of the Clinical Training Program at the C. G. Jung Institute of Chicago.

The C. G. Jung Institute of Chicago is approved by the American Psychological Association to sponsor continuing education for psychologists and by the Illinois Department of Professional Regulation to provide continuing education (CE) credit for social workers, professional counselors and marriage and family therapists. The Institute maintains responsibility for this program and its contents.