



C G JUNG INSTITUTE  
OF CHICAGO

# THE *I CHING* – THE ULTIMATE SELF-HELP BOOK

with

**Dennis Merritt, Ph.D. Jungian Analyst**

**Saturday, June 20<sup>th</sup>, 2009 9:00 am to 4:00 pm**



The *I Ching* is one of the oldest and most respected books in the world, presenting a compendium of Chinese philosophy dating back to Chinese shamanism. Through a process Carl Jung called synchronicity one is able to address a question to the book and receive an answer based on the wisdom of the Chinese sages. The *I Ching* offers invaluable council on relationship issues, difficult life choices, career and spiritual concerns, and personal development.

The workshop will focus on how to intelligently use the *I Ching* for optimum effect. Participants will learn how to use the yarrow stalk method of divination to generate a group hexagram and practice working with various translations of this Chinese classic. “Seasons of the Soul,” a video created by Dr. Merritt, will be

used to develop four key concepts in the *I Ching* through an exploration of the psychological, mythical and spiritual dimensions of weather and seasons in the upper Midwest.

## LOCATION

**First Unitarian Society of Milwaukee, 1342 N. Astor (corner of Astor and Ogden)**

## DISCUSSION FEE

**\$80 – No CE**

**\$95 – 5 CE**

**For all registrations visit [www.jungchicago.org](http://www.jungchicago.org)**

### **Learning Objectives:**

- Learn when and how to intelligently use the *I Ching*
- Learn how to use the *I Ching* in therapy and for important personal issues
- Learn the ancient and therapeutic yarrow stalk method of consulting the *I Ching* and how it may be used in a group setting



**Dennis Merritt, Ph.D.**, Jungian analyst and ecopsychologist, has been working with the *I Ching* since 1975, using it both personally and professionally. His article, “Use of the *I Ching* in an Analytic Setting,” has been translated into Chinese and is available on his website <[www.ecojung.com](http://www.ecojung.com)>. He is interested in how dreams and the *I Ching* can be used to establish a deeper connection to the natural environment. He practices at The Cambridge Group in Milwaukee and The Integral Psychology Center in Madison.

The C. G. Jung Institute of Chicago is approved by the American Psychological Association to sponsor continuing education for psychologists and by the Illinois Department of Professional Regulation to provide continuing education (CE) credit for social workers, professional counselors and marriage and family therapists. The Institute maintains responsibility for this program and its contents.